

Pre-Register for Your Birth

Why Pre-Register?

Pre-registering makes it easy for you to check things off your baby prep to-do list, which helps keep you focused on you and baby, not the paperwork!

When you pre-register, you will have full access to your Sentara MyChart account which will allow you to do the following:

- Communicate to our staff what your birth preferences are in advance. These preferences can be changed at anytime up to and throughout your birthing journey.
- See lab and test results from any Sentara facility.
- Get education and support from your nursing staff, as well as message your provider.
- Pay bills online.

Note: If you have a planned Cesarean already scheduled, you will not need to pre-register.

Things to Know

- We recommend pre-registering before your 35th week of pregnancy.
- Even if you have pre-registered, please remember to bring your photo ID and insurance card when you arrive at the hospital.
- Each time you arrive for care at any Sentara facility, we will need to ask you certain required questions.



THANK YOU FOR CHOOSING SENTARA FOR YOUR BIRTHING JOURNEY



How Do I Pre-Register?

You can pre-register for your birth using Sentara MyChart online on a web browser OR download the app using the QR Code shown here.

1 FOR NEW PATIENTS OR PATIENTS WITHOUT A MYCHART ACCOUNT

Sign up for MyChart

1. Go to sentara.com/MyChart or download the Sentara MyChart App using the QR code.
2. Find the MyHealth MyChart form on the homepage and click "Create Account." If your Sentara provider gave you an activation code, enter it, or you can sign up without a code.
3. Once you sign into your Sentara MyChart account, click Menu, then Register for My Delivery.

2 FOR PATIENTS WITH A MYCHART ACCOUNT

Sign in to MyChart and Pre-Register

1. Go to sentara.com or open the Sentara MyChart App.
2. Enter your username and password into MyHealth MyChart form on the homepage and click the "Sign In" button.
3. Click Menu, then Register for My Delivery.